



GLASGOW MOUNTAIN BIKE CLUB CALENDAR – Dec 09 to February 10

Date	Ride	Length (hours)	Description	Meet
December 2009				
Wed 2nd	Dumgoyne Loop	2 – 2.5 hours	Fast descent, return via Land Rover track and top moor singletrack	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 6 th	Glentress	4 – 5 hours	Man Made trails at their best	The Hub, Glentress – 10am
Wed 9 th	Top Moor	2 – 2.5 hours	Open moorland singletrack	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 13th	Drumlanrig	3 – 4 hours	Man made trails with a natural feel	Main car park, Drumlanrig Castle – 10am
Wed 16th	Drumclog Moor and Voodoo Hill	2 – 2.5 hours	Mix of tree lined singletrack and open moorland riding	St Andrews Hall Car Park, Milngavie – 7.45pm
Friday 18th	Club Xmas Night Out		The traditional West End Boozeathon	Coopers, West End
Sunday 20th	Campsies Traverse	4 - 5 hours	Looooooooooooong but doable climb, traverse to the cliffs above Blanefield then a hoon of a descent down to the pipe track far below.	St Andrews Hall Car Park, Milngavie – 10am
Wed 23rd	Dougalston	2 – 2.5 hours	Tree lined singletrack	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 27th	Kilpatrick Hills	4 – 5 hours	Tour of the Kilpatricks via Cochno Reservoir and the Whangie	St Andrews Hall Car Park, Milngavie – 10am
Wednesday 30th	Mugdock – Cliff Top and the Flux	2 – 2.5 hours	More technical ride in and around Mugdock	St Andrews Hall Car Park, Milngavie – 7.45pm
January 2010				
Sunday 3rd	Glennifer Braes – Paisley –	4 - 5 hours	The return of the most popular Sunday ride of 2009	Barshaw Park, Paisley – 10am

Note: Following agreement at the AGM, All Wednesday rides will now leave from the club at 7.45pm sharp.
Sunday times are indicative of when you should be ready to ride.

Date	Ride	Length (hours)	Description	Meet
	NEW!			
Wed 6 th	Loch Ardinning	2 – 2.5 hours	Big loop of the loch on sheep track and singletrack	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 10 th	Glen Ample – Out and back	4 – 5 hours	Climb through the Glen and return via a cracking final descent to finish at the pub post ride	Kilmahog Visitor Centre Car Park – 10am
Wed 13th	Windy Hill Alternative – NEW!	2 – 2.5 hours	Open field ascent, steady climb – return by same route	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 17 th	Urban Super Loop – NEW!	5 – 6 hours	Extended urban route taking in the Kelvin Walkway and Pollok Park – non technical ride	St Andrews Hall Car Park, Milngavie – 10am
Wed 20th	Top Moor	2 – 2.5 hours	Open moorland singletrack	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 24 th	Conic Hill from Milngavie	5 – 6 hours	Out and back on the West Highland Way with a post Conic Hill pub stop	St Andrews Hall Car Park, Milngavie – 10am
Monday 25 th January	Committee Meeting	n/a	n/a	TBC
Wed 27th	The Whangie	2 – 2.5 hours	Out via Carbeth, low path up, high path descent, return via West Highland Way	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 31 st	The Pentlands	5 – 6 hours	Tour of the Pentland Hills – nothing too technical.	Harlaw Reservoir Car Park, 10 am
February 2010				
Wed 3rd	Cathkin Braes Night Ride – NEW!	2 hours	A scoot round the trails which will form the basis of the 2014 Mountain Bike Course	Main Car Park, Cathkin Country Park – 7.30pm
Saturday 6th	Trail Maintenance Day	3 – 4 hours	Lend a hand and help keep the local trails in good condition – old clothes and work gloves recommended	St Andrews Hall Car Park, Milngavie – 9.00am
Sunday 7 th	Lomond Hills – NEW!	4 – 5 hours	Mix of woodland singletrack and open moorland trails. Great variety of trails in a relatively small area.	Falkland, Fife – 10am
Wed 10 th	Auchengillan	2 – 2.5 hours	Out via West Highland Way	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 14 th	Campsie Traverse	2.5 -3 hours	Looooooooooooong but doable climb, traverse to the cliffs above Blanefield then a hoon of a descent down to the pipe track far below.	St Andrews Hall Car Park, Milngavie – 10am

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Date	Ride	Length (hours)	Description	Meet
Wed 19 th	Windy Hill	4– 5 hours	Loop on non technical trail with big views over the city at night	St Andrews Hall Car Park, Milngavie – 7.45pm
Sunday 21 st	Dunkeld – Glen Garr and Birnam Hill	5 – 6 hours	One of the most varied and picturesque routes on the calendar – great trails.	Dunkeld Train Station Car Park – 10am
Wed 24 th	Loch Ardinning	2 – 2.5 hours	Big loop of the loch on sheep track and singletrack	St Andrews Hall Car Park, Milngavie – 7.45pm
Friday 26 th	Club Curry Night	n/a	Eat curry, drink booze, talk mince!	West End – curry house TBC
Sunday 28 th	Ben Venue	4 – 5 hours	Fire road climb, singletrack descent	Main Car Park, Aberfoyle – 10am

Note : There will be an informal Sunday Run leaving from the car park of St Andrews Hall in Milngavie at 9am or 10 am each Sunday for those members who want to do a local alternative to rides further afield.

Every Tuesday evening, a run leaves the car park outside the hall at 7.15pm. This is intended to be for beginners and for riders new to the club.

Rides are not graded as level of difficulty is dependent upon each individual's level of fitness and ability. Weekend Away rides tend to be a little longer than a normal Sunday Run.

New members and riders wanting to try out a ride with the club are recommended to try a Tuesday or Wednesday evening ride before coming on a longer Sunday ride.

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