

“THE SORT OF
SCOTLAND
WALKERS
DREAM OF...”

The Great Outdoors (TGO) magazine



EXPLORE THE CATERAN TRAIL

ONE OF SCOTLAND’S GREAT TRAILS, THE CATERAN TRAIL IS A FULLY-WAYMARKED, 64-MILE (103 KM) ROUTE THROUGH PERTHSHIRE AND THE ANGUS GLENS — THE HEART OF SCOTLAND.

Divided into five stages, the Trail can be comfortably walked in five days. Alternatively, the mini trail takes in the most spectacular highlights of the route in a two-day walk. It is a circular route with no official beginning or end that can be joined at any stage.

Distance to Blairgowrie:
Edinburgh: 59 miles | Glasgow: 74 miles |
Aberdeen: 73 miles | Perth: 16 miles



Photography credits:
Mike Bell, Yomp 2015,
Photos by Zoe and PKCT.
The Geocaching Logo is a
registered trademark of
Groundspeak, Inc. Used
with permission. Design
www.ik-design.co.uk



Visit www.caterantrail.org to discover more

Visit www.caterantrail.org to discover the Trail


KNOW THE CODE BEFORE YOU GO

SCOTTISH OUTDOOR ACCESS CODE


outdooraccess-scotland.com

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.

Enjoy Scotland's outdoors responsibly



The Cateran Trail is managed and maintained by Perth & Kinross Countryside Trust with the kind permission and co-operation of the land owners through whose land it passes.



The Cateran Trail follows old drove roads and ancient tracks across a varied terrain of farmland, forests and moors. Some of these routes follow the same ones used by the Caterans – fearsome cattle thieves who raided Strathardle, Glenishee and Glen Isla from the Middle Ages to the 17th century and for whom the Trail is named.

The map inside this leaflet shows details of the five stages of the Trail and the mini trail.





GEOCACHING ON THE CATERAN TRAIL

Perthshire is the geocaching capital of Scotland, and The Cateran Trail is home to a special GeoTrail with collectable bronze and antique silver geocoins to be won. www.caterantrail.org/geocaching



CATERAN TRAIL APP

There is a free app available to download from the Google Play Store that brings the Trail to life with folklore, insights and stories about the area, including the Glenisla giants, the Hardsman of Altyh and the legend of Queen Guinivere.



EXPLORE THIS FULLY-WAYMARKED, 64-MILE (103 KM) CIRCULAR ROUTE THROUGH THE HEART OF SCOTLAND, APPROXIMATELY 1 ½ HOURS NORTH OF EDINBURGH.

The map inside this leaflet is solely an illustration of the Cateran Trail.

To walk the Trail, all visitors should bring a detailed map and compass for navigation. We recommend the specially-created, waterproof, 1:40,000 Footprint map published by Stirling Surveys or the *Cateran Trail Guidebook* published by Rucksack Readers, which contains both the Footprint map and detailed, up-to-date descriptions of each section of the Trail.

www.stirlingsurveys.co.uk/nationaltrails.html

www.rucksacks.com/books/Cateran-Trail

●●● Stage 1
Blairgowrie to Kirkmichael

A route of varied terrains, this stage meanders through farmland and open moorland, Blackcraig Forest and the west side of Strathardle Glen, which has been farmed since the Bronze Age. Spectacular views of the area can be seen on clear days.

Mostly farm tracks and forest roads. Some minor road walking. Some timber steps. Some loose and boggy surfaces. Several stiles and gates. Some fairly steep long slopes.



15 ½ miles /
24.9 km
Allow
8 - 9 hrs



Upper Lunch Hut



Stoat in Strathardle



Caterans

●●● Stage 2
Kirkmichael to Spittal of Glenshee

Discover a scenic glen that takes you to the Cateran Trail's highest point between Strathardle and Glenshee, offering stunning views across the hills and glens.

Farm tracks and woodland paths give way to rough narrow paths. Some small burns to cross. Some boggy surfaces. Steady and fairly steep slopes. Some stiles and gates.



8 ½ miles /
13.7 km
Allow
5 ½ hrs

●●● Stage 3
Spittal of Glenshee to Kirkton of Glenisla

Explore Glen Shee and Glen Isla along this diverse waymarked path. Enjoy the quiet road past Dalnaglar and Forter Castles. At Auchintaple Loch, take a short diversion through the trees to the loch's banks to witness fantastic views of Mount Blair.

Mainly rough moorland and farm paths with boggy bits. Some small burn crossings. Road walking for 2 ½ miles / 4 km. Some gates and stiles. Gentle to moderate slopes.



14 ½ miles /
23.5 km
Allow
8 - 9 hrs



Forter Castle



View towards Auchintaple Loch



Den of Alyth



Carved trail waymarker



© Perth and Kinross Countryside Trust.
Produced by Ashworth Maps and Interpretation Ltd 2016.
Contains Ordnance Survey data © Crown copyright and database rights 2016. OS 100016971. Use of this data is subject to terms and conditions.

●●● Stage 4
Kirkton of Glenisla to Alyth

Enjoy the tranquillity of Glen Isla on an open walk high above the River Isla. The Trail winds through Kilry Wood and between the Hills of Alyth and Loyal.

Heathery path and grassy or loose-surfaced roads with some boggy sections and tarmac. Gentle to moderate slopes, with one steep climb from Kirkton of Glenisla. Some stiles and gates.



11 miles /
17.4 km
Allow
7½ hrs

●●● Stage 5
Alyth to Blairgowrie

Climb the Hill of Alyth for fantastic panoramic views of the area then descend through Bamff Estate to discover beaver activity. The path then runs close to the massive standing stones of Heatheryhaugh and back to Blairgowrie.

Mostly moorland paths and estate roads with 2 ½ miles / 4 km of minor road. Some gates and stiles. Some loose-surfaced and boggy terrain. Some cattle grids. Some moderate gradients.



15 miles /
24.1 km
Allow
9 - 10 hrs

●●● Cateran Mini Trail

This circular route from Kirkmichael is easily walked in two days. Enjoy views from the Cateran Trail's highest point over Strathardle and Glenshee and explore scenic glen walks and the remains of hut circles and Iron Age buildings.

Gentle farm tracks, woodland paths, and grassy road give way to rough narrow paths. Some small burn crossings. Some boggy terrain. Steady and fairly steep slopes. Some stiles and gates.



20 miles /
32 km
Allow
11 - 12 hrs

*visit*eastperthshire



ALL THE INFORMATION YOU
NEED TO PLAN WHERE TO
EAT, SLEEP AND VISIT ALONG
THE CATERAN TRAIL

www.visiteastperthshire.co.uk



The Cateran Trail leaflet was produced with the generous support of the Blairgowrie and East Perthshire Tourist Association and Perth and Kinross Council.