



ONE OF SCOTLAND'S GREAT TRAILS, THE CATERAN TRAIL IS A FULLY-WAYMARKED, 64-mile (103 km) route through PERTHSHIRE AND THE ANGUS GLENS — THE HEART OF SCOTLAND.

Divided into five stages, the Trail can be comfortably walked in five days. Alternatively, the mini trail takes in the most spectacular highlights of the route in a twoday walk. It is a circular route with no official beginning or end that can be joined at any stage.

#### Distance to Blairgowrie:

Edinburgh: 59 miles | Glasgow: 74 miles | Aberdeen: 73 miles | Perth: 16 miles







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- care for the environment.
- respect the interests of other people • take responsibility for your own actions

outdoors responsibly Enjoy Scotland's



www.rucsacs.com/books/Cateran-Trail www.stirlingsurveys.co.uk/nationaltrails.html

date descriptions of each section of the Trail. contains both the Footprint map and detailed, up-to-Guidebook published by Rucksack Readers, which map published by Stirling Surveys or the Cateran Trail the specially-created, waterproof, 1:40,000 Footprint map and compass for navigation. We recommend To walk the Trail, all visitors should bring a detailed

Cateran Trail.

The map inside this leaflet is solely an illustration of the

CATERAU TRAIL MAPS



whose land it passes. land owners through and co-operation of the

& Kinross Countryside Trust with the kind permission The Cateran Trail is managed and maintained by Perth

Visit www.caterantrail.org to discover more



and the legend of Queen Guinivere. Glenisla giants, the Herdsman of Alyth and stories about the area, including the the Trail to life with folklore, insights from the Google Play Store that brings There is a free app available to download





won. www.caterantrail.org/geocaching bronze and antique silver geocoins to be to a special GeoTrail with collectable Scotland, and The Cateran Trail is home Perthshire is the geocaching capital of

**GEOCACHING ON THE CATERAN TRAIL** 



stages of the Trail and the mini trail. The map inside this leaflet shows details of the five

Trail is named. Middle Ages to the 17th century and for whom the raided Strathardle, Glenshee and Glen Isla from the used by the Caterans – fearsome cattle thieves who moors. Some of these routes follow the same ones tracks across a varied terrain of farmland, forests and The Cateran Trail follows old drove roads and ancient



EDINBURGH. 1 1/2 HOURS NORTH OF SCOTLAND, APPROXIMATELY THROUGH THE HEART OF (103 KM) CIRCULAR ROUTE MYXWYBKED' 04-WILE EXPLORE THIS FULLY-

#### Stage 1 Blairgowrie to Kirkmichael

A route of varied terrains, this stage meanders through farmland and open moorland, Blackcraig Forest and the west side of Strathardle Glen, which has been farmed since the Bronze Age. Spectacular views of the area can be seen on clear days.

Mostly farm tracks and forest roads. Some minor road walking. Some timber steps. Some loose and boggy surfaces. Several stiles and gates. Some fairly steep long slopes.



15 ½ miles / 24.9 km Allow 8 - 9 hrs

### • • • Stage 2 Kirkmichael to Spittal of Glenshee

Discover a scenic glen that takes you to the Cateran Trail's highest point between Strathardle and Glenshee, offering stunning views across the hills and glens.

Farm tracks and woodland paths give way to rough narrow paths. Some small burns to cross. Some boggy strenuous surfaces. Steady and fairly steep slopes. Some stiles and gates.



8 1/2 miles / 13.7 km Allow 5 ½ hrs

#### Stage 3 Spittal of Glenshee to Kirkton of Glenisla

Explore Glen Shee and Glen Isla along this diverse waymarked path. Enjoy the quiet road past Dalnaglar and Forter Castles. At Auchintaple Loch, take a short diversion through the trees to the loch's banks to witness fantastic views of Mount Blair.

Mainly rough moorland and farm paths with boggy bits. Some small burn crossings. Road walking for 2 ½ miles /4 km. Some gates and stiles. Gentle to moderate slopes.



14 1/2 miles / 23.5 km Allow 8 - 9 hrs



## • • • Stage 4 Kirkton of Glenisla to Alyth

Enjoy the tranquillity of Glen Isla on an open walk high above the River Isla. The Trail winds through Kilry Wood and between the Hills of Alyth and Loyal.

Heathery path and grassy or loose-surfaced roads with some boggy sections and tarmac. Gentle to moderate slopes, with one steep climb from Kirkton of Glenisla. Some stiles and gates.



11 miles / 17.4 km Allow 71⁄₂ hrs

#### Stage 5 Alyth to Blairgowrie

Climb the Hill of Alyth for fantastic panoramic views of the area then descend through Bamff Estate to discover beaver activity. The path then runs close to the massive standing stones of Heatheryhaugh and back to Blairgowrie.

Mostly moorland paths and estate roads with 2 ½ miles / 4 km of minor road. Some gates and stiles. Some loose-surfaced and boggy terrain. Some cattle grids. Some moderate gradients.



15 miles / 24.1 km Allow 9 - 10 hrs

## Cateran Mini Trail

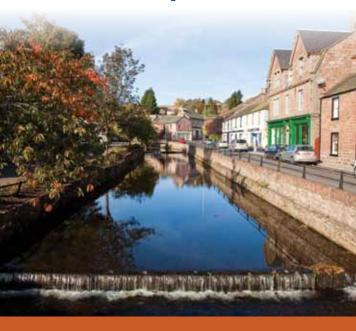
This circular route from Kirkmichael is easily walked in two days. Enjoy views from the Cateran Trail's highest point over Strathardle and Glenshee and explore scenic glen walks and the remains of hut circles and Iron Age buildings.

Gentle farm tracks, woodland paths, and grassy road give way to rough narrow paths. Some small burn crossings. Some boggy terrain. Steady and fairly steep slopes. Some stiles and gates.



20 miles / 32 km Allow 11 - 12 hrs

# **Visit**eastperthshire



ALL THE INFORMATION YOU NEED TO PLAN WHERE TO EAT, SLEEP AND VISIT ALONG THE CATERAN TRAIL

www.visiteastperthshire.co.uk



The Cateran Trail leaflet was produced with the generous support of the Blairgowrie and East Perthshire Tourist Association and Perth and Kinross Council.